

MESSAGE DISCUSSION QUESTIONS

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This week Senior Pastor Marty Grubbs continued in our *Summer in the Psalms* series with a study of Psalm 1, which describes a path of choices which can lead to a blessed life. There are three obvious choices described in this psalm:

- We need to be careful where we sit, walk, or stand.
- Love God's Word and do what it says.
- Build a life firmly planted in the reservoir of God.

BLESSED = REMARKABLE WELL-BEING

BLESSED LIFE = ONE OF MEANING AND PURPOSE

SCRIPTURE:

PSALM 1 NIV

¹ Blessed is the one

who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,

² but whose delight is in the law of the Lord,
and who meditates on his law day and night.

³ That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.

⁴ Not so the wicked!

They are like chaff
that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.

⁶ For the Lord watches over the way of the righteous,
but the way of the wicked leads to destruction.

PSALM 1 NLT

Oh, the joys of those who do not
follow the advice of the wicked,
or stand around with sinners,
or join in with mockers.

2 But they delight in the law of the LORD,
meditating on it day and night.

3 They are like trees planted along the riverbank,
bearing fruit each season.

Their leaves never wither,
and they prosper in all they do.

4 But not the wicked!
They are like worthless chaff, scattered by the wind.

5 They will be condemned at the time of judgment.
Sinners will have no place among the godly.

6 For the LORD watches over the path of the godly,
but the path of the wicked leads to destruction.

DISCUSSION QUESTIONS

1. What stood out from Marty's message?
2. Read Psalm 1:1-3 in various translations/versions. How is one blessed? (What choices do we make?)
3. Read verse 2 again. What does it mean to "delight in the law of the Lord"?
4. Read verse 3, again. What does the metaphor of the well-watered tree mean about your spiritual life? How can you choose this in your own life?
5. Read Psalm 1:4-5. How is the sinner's life different from that described in verses 1-3?
6. Read Psalm 1:6. Where have you seen this practically in life? Are you facing a situation where you have to choose your path? How can you ensure you choose the blessed path?
7. How can we pray for you?

PRAYER

Thank God for the gift of choice and ability to discern righteousness and wickedness. Ask him to give you foresight and knowledge to choose the path of blessedness, to stay rooted in his Word, and to be watched over as you travel.